



Spring 2010 Schedule

Monday

3:30	A Stroking
3:45	A Freeskate
4:45	A Dance/Skills
5:15	Advanced Canskate/ Canskate/Precan
6:05	FLOOD
6:15	B/C Freeskate
6:55	B/C Dance/Skills
7:10	Stroking
7:20	Goodnight

Wednesday

3:30	A Freeskate
4:30	A Dance/Skills
5:00	Flood
5:10	B/C Dance/Skills
5:40	B/C Freeskate
6:25	Canpower/Extreme
7:20	Goodnight

Thursday

3:30	A Stroking
3:45	A Freeskate
4:45	A Dance/Skills
5:15	Advanced Canskate/ Canskate/Precan
6:05	FLOOD
6:15	B/C Freeskate
6:55	B/C Dance/Skills
7:10	Stroking
7:20	Goodnight