

SESSION SCHEDULES

	Dates	Times
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<u>FALL SKATE</u>	AUGUST 31 – OCTOBER 8/09	
StarSkate A & B	Monday	3:30 – 5:00
	Wednesday	3:30 – 4:50
	Thursday	3:30 – 5:05
StarSkate C	Monday	5:00 – 5:50
	Wednesday	6:00 – 7:20
	Thursday	5:15 – 6:30
Advanced CanSkate.....	Wednesday	5:00 – 6:00
	Thursday	6:30 – 7:20
CanPowerSkate.....	Monday	6:00 – 6:50
Extreme Power.....	Monday	6:50 – 7:50

WINTER SKATE **SESSION #1: OCTOBER 14 – DECEMBER 21/09 AND
SESSION #2: JANUARY 4 - MARCH 28/10**

	Dates	Times
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PreCanSkate	Sunday A	2:00 – 2:30
	Sunday B	4:00 – 4:30
	Thurs	5:15 – 5:45
CanSkate	Sunday A	2:00 – 2:50
	Sunday B	4:00 – 4:50
	Thursday	5:15 – 6:05
Advanced CanSkate (Low)	Monday	5:00 – 5:50
	Wednesday	5:00 – 6:00
Advanced CanSkate (High)	Wednesday	6:20 – 7:10
	Thursday	6:20 – 7:20
StarSkate C	Wednesday	6:00 – 7:20
	Thursday:	6:05 – 7:20
	Sunday:	1:00 – 2:00
StarSkate A & B	Monday:	3:30 – 5:00
	Wednesday:	3:30 – 4:50
	Thursday:	3:30 – 5:05
	Sunday:	3:00 – 4:00
CanPowerSkate	Monday:	6:00 – 6:50
ExtremePower	Monday:	6:50 – 7:50

NOTE: Any changes to this schedule will be posted on the Kemptville Skating Club bulletin board in the Arena lobby and on the website at www.kemptvilleskatingclub.com.