

Start	End	Test	Club	Skater name	Club
1:00	1:10	Jr silver elements warm up		Warm up	
1:10	1:30	Group 1		Group 2	
		Elise Needham	Athens	Grace Carey	Kemptville
		Katie Pagnello	Athens	Kaitlyn Veley	Athens
1:30	1:40	Sr bronze and Sr silver elements warm up			
1:40	2:00	Group 1		Group 2 Sr bronze	
		Ella Hudson	Athens		
		Alia McNaughton	Winchester	Melissa Bronisze	Brockville
2:00	2:05	Sr bronze freeskate warm up			
2:05	2:09	Amy Proulx	Winchester		
2:09	2:13	Grace Carey	Kemptville		
2:13	2:17	Melissa Broniszeski	Brockville		
2:17	2:22	Jr silver freeskate warm up			
2:22	2:26	Kaitlyn Veley	Athens		
2:26	2:30	Ivie Stewart	Athens		
2:30	2:34	Ella McNaughton	Winchester		
2:34	2:38	Elise Needham	Athens		
2:38	2:43	Sr silver freeskate warm up			
2:43	2:47	Ella Hudson	Athens		
2:47	2:51	Shaelyn Kavanagh	Athens		
2:51	2:55	Christie Douglas	Winchester		
2:55	3:05	Flood			
3:05	3:10	Sr bronze skills warm up			

Start	End	Test	Club	Skater name	Club	
3:10	3:16	Emma Laming	Athens	Sr bronze		
3:16	3:22	Madeline Ross	Athens	Sr bronze		
3:22	3:28	Elise Needham	Athens	Sr bronze		
3:28	3:33	Jr silver and Sr silver skills warm up				
3:33	3:39	Bianca Bernier	Winchester	Jr silver		
3:39	3:45	Christie Douglas	Winchester	Sr silver		
3:45	3:51	Alisha Streska	Brockville	Sr silver		
3:51	3:56	Bronze and Silver interpretive warm up				
3:56	4:00	Hailey Hodge	Winchester	Deception& Heartbreak		
4:00	4:04	Shaelyn Kavanagh	Athens		Silver	
4:04	4:08	Megan Young	Kemptville	Stay	Silver	
4:08	4:12	Madison Crober	Winchester	Egyptian Explore	Silver	
4:12	4:17	Gold interpretive warm up				
4:17	4:21	Kennedy Ethridge	Kemptville	Runaway		
4:21	4:25	Rebecca Langstaff	Kemptville	Classic to Rock		
4:25	4:29	Megan Young	Conditional	Stay		
4:29	4:33	Angela Hunter	Brockville			
4:33	4:43	Flood				
4:43	4:48	14 step and Keats warm up				
4:48	4:51	Alicia McNaughton	Winchester	14 step	Mark Stanford	
4:51	4:54	Shannon Arbuckle	Winchester	14 step	Mark Stanford	
4:54	4:57	Ava McNaughton	Winchester	Keats		
4:57	5:02	Harris, American and Rocker warm up				
5:02	5:05	Kaitlyn Veley	Athens	Harris		
5:05	5:08	Bianca Bernier	winchester	American		
5:08	5:11	Hailey Hodge	Winchester	Rocker		
5:11	5:16	Starlight and Blues warm up			5:11	
5:16	5:20	Ashley Wheeler	Winchester		5:16	
5:20	5:24	Ivie Stewart	Athens		5:20	

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Start	End	Test	Club	Skater name	Club
5:24	5:28	Ashley Wheeler	Winchester	5:24	
5:28	5:33	Killian warm up			
5:33	5:37	Emma Laming	Athens		
5:37	5:41	Alia McNaughton	Winchester		
5:41	5:46	Westminster and Viennese warm up			
5:46	5:50	Ella McNaughton	Winchester	Westminster	
5:50	5:54	Madison Crober	Winchester	Viennese	